

DISCUSSION QUESTIONS

Date
November 9, 2025
Sunday English Service

Preacher
Pastor Mark Tan

Main Bible Passage
Psalm 62



Sermon Title

Psalm Series - My Soul Thirsts for God

Surely God is Rest for my Soul

1. After a long day of "life" (work, school, chores, appointments), what do you do to be more restful? And how long does that restful-ness last?
2. What of God's rest in Psalm 62:1-2 shows it's ability to overcome the challenges in Psalm 62:3-4?
3. What are the reasons we can find true rest in God? (Psalm 62:5-8)
4. What is the problem with worldly solutions for rest and security? (Psalm 62:9-10)
5. What comfort can you find from the two things God spoke of himself? (Psalm 62:11-12)