

agii you anything all things o gives me s impossible

Contents

Youth Committee	03
A Word from the Presidents	04 05
Physical Service Relaunch	07
Prayer Mornings	08
Valentine's Day	09
CG Games Day	10
Lock-in Night	11
Mental Health Talk	12
Carolling	13
Testimonies	14 15

2022 Youth Committee

Delphine



Aaron Rui Di



President



Vice President & Treasurer



Secretary



Worship Coordinator

Edward



Jocelyn

Sarah



Head of Media



Head of Fellowship & Hospitality



Events Coordinator



Events Coordinator

Advisors

Pr. Wallace lee Henn Ju-Hannymanda





Youth Advisor

Charis



Youth Oversight Pastor



Lead Youth Advisor



Youth Advisors





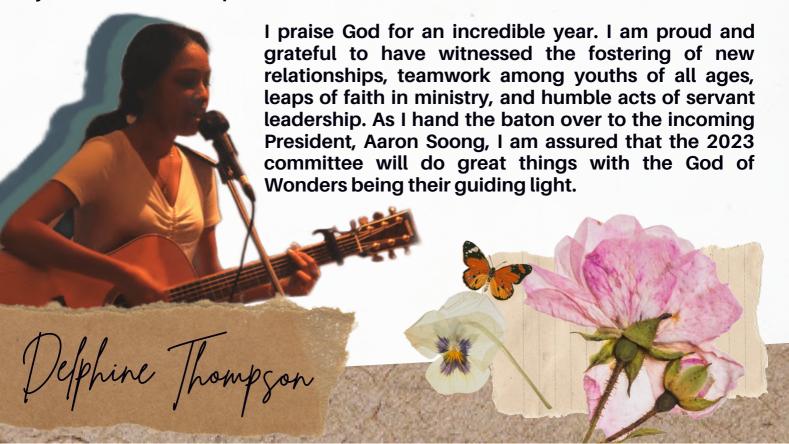
Youth Advisor

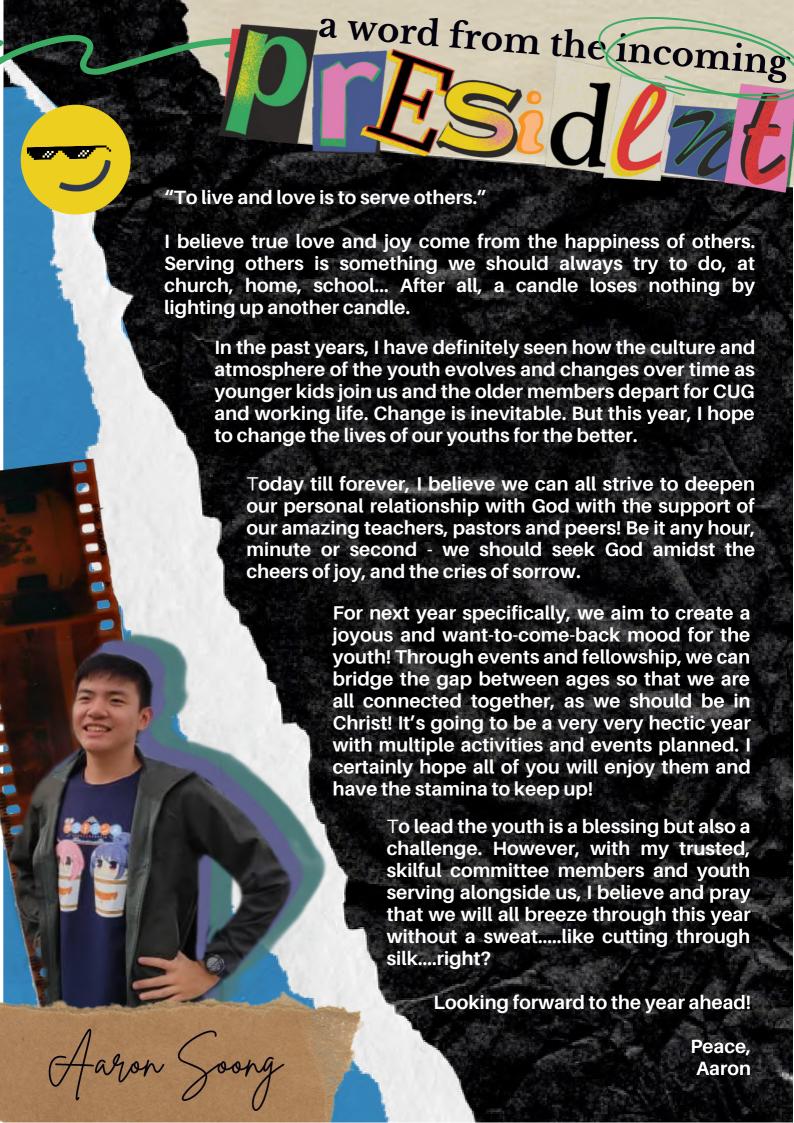


Coming into 2022, I genuinely did not know what to expect. I was really thankful that God had given us the opportunity to have physical services and activities again; however, there is no manual on "How to lead a Youth Committee whilst recovering from a Global Pandemic." We were transitioning back to what we knew to be "normal" after two whole years of enduring Covid. Where do we even begin?

In retrospect, 2022 was truly a test of walking by faith. Thankfully, God extended His grace by blessing me with an incredible Youth Committee and supportive advisors who would walk with me through it all. I want to honour them for sacrificing their time, energy, and multiple weeknights for committee meetings to serve and contribute to God's kingdom. The different events organised this year could not have been possible if it were not for their service.

Two important lessons I learned from bearing the President title this year and would like to pass on to the 2023 committee is first: to seek God before making any decision. It can be easy to want to do it all, but what matters most is that His will be done (even if His blueprints don't look a lot like ours). Secondly, remember that God is only a prayer away in every storm. In times when we can't see where we are going, trust that God is the one who secures our every step. Seek Him, and he will lead you to the right path. And you will need to, as you take on these important roles.









Physical Service Relaunch

A Testimony by Elizabeth Yu

Somewhere around the start of 2022, we were once again able to come back and gather physically in church, finally not being stuck at home. Being online for two whole years had indeed been an emotional rollercoaster.

The online meetings had been fun, and I got to start my journey of meeting new people; who eventually became my good friends! When I first came to Youth, I was quiet and quite shy. However, over time, I became very outgoing and chatty! I started participating more in Youth by joining the Worship Team as a singer and attending services whenever I could. What continued to bring me back was all the cool people I got to meet along the way. They made participating in fun Youth activities like water games, lock-in night (and many more) much more lively!

Apart from that, the sermons given by all the pastors who spent time teaching us Youths were interesting to hear. Finally, I would also like to acknowledge the Youth committee members who spent a lot of their time keeping the foundation of PBC Youth strong. I hope that one day I can serve as one of the committee members for the glory of God. Overall, this year has been an exciting journey. I hope that next year it will be even better!

PRAYER MORNINGS

by Ha Sian Ying

We have now gone from Prayer Nights to Prayer Mornings! AND from online prayer meetings to physical prayer meetings! Prayer mornings work a little differently than the prayer nights last year. We gather at church at 10 a.m. like usual and we have a short worship session. After that, we break up into our CG groups to pray about the prayer points prepared by the Youth Committee.

The main purpose of Prayer mornings is to bring us Youths closer to God through prayer and seek for God's help and guidance with our problems. However, we know that troubles and problems are not the only reasons we turn to God, we also turn to God to thank Him for all that He has done for us and all that He has provided for us. Not only that, but we are encouraging and supporting each other while praying for each other's personal prayer items.

Be joyful in hope, patient in affliction, faithful in prayer.

Romans 12:12



VALENTINE'S DAY

by Jocelyn Thompson

On the 13th of February this year, we hosted a Valentine's Day event to learn more about relationships and the concept of dating from a biblical perspective. The event started with a time of worship followed by a sermon by Pastor Mark on biblical passion that referenced the Song of Songs. Pastor Mark gave an insightful message about what the Bible says about what a man and woman can experience together in the safeguard of a holy, trusted, committed and lifelong relationship. To end the event, Pastor Mark, alongside Youth advisors and teachers Amanda and Ju-Hann, sat down for a panel discussion moderated by Youth Worship Coordinator Jasiel Hor. The panel addressed the many questions the Youths had regarding the subject and brought much insight on a topic ever-relatable to them.





CG GAMES DAY

by Sarah d'e Run

Whilst we were solely online during the pandemic, the Youth Committee had to consider different ways to host fun events for our Youths. Hence, Discord became our preferred platform for hosting Games Nights. However, as of 2022, the Youths participated in not just one but two physical Games Days!

The first Games Day was held on the 29th of May. (Shoutout to Jocelyn for preparing the fun games!). Each game posed its own challenges, with all the CGs giving their best to bag the highest scores. The second Games Day, Water Wars, was held on the 31st of July. The Youths were eager to participate, not missing any opportunity to get each other soaking wet. Is there anything better than playing water games on a hot sunny day? To end the events, the winning CGs were presented with prizes as everyone cheered them on. For both events pizza was the order of the day, and as expected, no slice of pizza was spared!

Both Games Days were hosted in order to encourage teamwork among CG members and good sportsmanship between teams. We were proud to see our Youths work together and support their friends of all ages (including friends from outside PBC who they invited!). Most importantly, we thank God for the conducive weather and our young adults who helped out as facilitators. Both Games Days could not have been successes if not for their help!



On the 13th of August, the Youth Committee organised Lockin Night for the Youths - our first in 3 years! A typical Youth Lock-in Night would include a BBQ dinner, games, a movie and a sleepover in church. This year, we decided to add a little twist by removing the sleepover (definitely not because of Covid-19). This is what I like about our Youth Committee - we are always looking to spice things up.

This year, we watched the movie 'War Room', which told the story of a family that learned to battle their different problems in life by discovering the power of prayer. The night was made complete with a delicious barbecue dinner, several rounds of Captain Ball and a short movie summary by our Youth Committee President.

Come and join us for our next Lock-in Night! This time we will probably add a twist to the twist and have an actual sleepover!



Mental Health Talk

by Natasha Tan

On the 30th of October, PBC Youth held a talk on mental health. We were fortunate to have speakers Dr Charis Wong and Stephen Wong speak on two critical mental health issues: anxiety and depression. The Youths wore green ribbons handed out by our ushers as a symbol of mental health awareness.

During the talk, Dr Charis Wong spoke about the symptoms of depression and anxiety and what is considered depression or an anxiety disorder. She also dug deeper into how these mental illnesses may arise and ways to cope with them. Furthermore, Dr Stephen Wong spoke on how depression and anxiety were even evident in the lives of various people in the Bible. His talk emphasised the vital message: "You are not alone."

The event was insightful as the Youths learned more about mental health - a real struggle for many young people today. With that said, make sure to check up on one another!

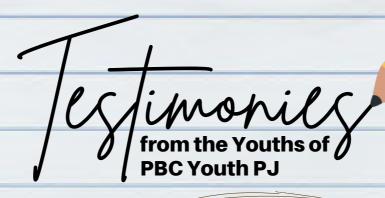


Carolling with the Explorers

by Delphine Thompson



Overall, the carollers put on a spectacular carolling session! We were heartened to see several shoppers singing along and joining in the celebration of our Saviour's birth. We praise God that our Youths could once again go carolling after a four year hiatus. This year was definitely special, as we were part of an incredible churchwide initiative. Joy to the world indeed, for the Lord has come!



What is something God taught you this year?

I just started being a head prefect and it has been tough and stressful. God taught me how to push the stress away and focus more

To just trust God's love and believe He'll grant me the guidance I need

I need to trust
God more with
my problems
rather than
handling them
myself. Trusting
God helped me
get through
some really big
problems I faced
this year.

God taught me patience

God taught me to see myself like how He sees me and to find my worth in Him

Jesus taught me to <u>never</u> g<u>ive up</u>

I learned to rely on the people around me and to love selflessly

To <u>trust</u> in God in all things

God has taught me that he can use us to accomplish His will even when we feel inadequate

God taught me how to be responsible and how to take care of myself and my friends

TEREFEE

God taught me that the way we face aggression is not through aggression but by gentleness and kindness

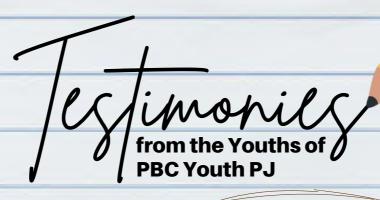
To trust that God will help me fight my battles God taught me <u>how</u> to lead

I learned that
Christians have
doubts sometimes
and that's okay. I
learned that I can
always trust God
despite all my
worries

God has always been there for us no matter what

God taught me to <u>not get</u> <u>aggravated</u> <u>easily</u>

God taught me to <u>think</u> positive



What is something you're grateful for?

I'm grateful for my CG and being able to meet different youths:)

I'm grateful able to be more open and social

I'm grateful that God has given me great friends to enjoy life with and for the experiences I gained this year!

I'm arateful that God has blessed me much this year

that I've been

I'm grateful I got to

make new friends this year

I'm grateful that I have Him watching over me, as well as for His love

I'm grateful for every good thing

I'm very grateful that God continues to open doors for me that I never would have imagined. Even though I am undeserving, His grace is unending!

I'm grateful for all of my new friends!

> I'm grateful that God helped me in my English **IGCSE** exams and for protecting me from Covid

I'm grateful that God did not leave me during my troubles even though I blamed Him for the world's faults sometimes

> I'm grateful that I got to become an NCO!

When I started Form 1, my grades were terrible. I was very disappointed and asked God for help. For my 2nd exam, He helped me get better grades. I thank God for helping me improve my study habits and grades

I'm grateful that I have met many good and amazing people this vear

I'm grateful for all the friends I've made in church and to be able to grow closer to God with them



Join us for:

Youth services every 1st Sunday Youth classes every 2nd and 4th Sunday Special events every 5th Sunday

Stay connected with us!

- @ @pbcyouthpj
- tiny.cc/pbcyouthfam



light in the darkness.
My God, that is
who You are.

